

1. Vata Herbal Tea:

Ingredients:

Green Tea – Camellia Sinensis – 15%
Lemon Grass – Cymbopogon – 5%
Lemon Peels – Citrus × limon – 10%
Fennel - Foeniculum vulgare – 5%
Cinnamon – Cinnamomum verum – 15%
Green Cardamom – Elettaria – 20%
Black Cardamom – Amomum – 3%
Cardamom Grains – Elettaria – 6%
Cloves – Syzygium aromaticum – 5%
Ginger – Zingiber officinale – 2%
Bay Leaves – Cinnamomum_tejpata – 14%

The warm and soothing flavors of fennel is mixed with the sourness of lemon thereby keeping you calm and balanced throughout the day. Fennel helps shortness of the breath, makes people lean that are too fat by open obstruction of the liver. It is also useful headache and gives good mouth freshener.

2. Pita Herbal Tea:

Ingredients:

Green Tea – Camellia Sinensis – 20%
Saffron – Crocus sativus – 10%
Fennel – Foeniculum vulgare – 5%
Cinnamon – Cinnamomum verum – 15%
Green Cardamom – Elettaria – 5%
Black Cardamom – Amomum – 5%
Cardamom Grains – Elettaria – 5%
Cloves – Syzygium aromaticum – 2%
Ginger – Zingiber officinale – 20%
Mint – Mentha – 13%

A refreshing and cooling infusion, which contains the exotic goodness of saffron and cardamom, helps one to stay cool and relaxed throughout the day. Saffron is beneficial in the treatment of several digestive disorders, it strengthen the functioning of the stomach and promotes its action. The herb is useful in promoting and regulating menstrual periods.

3. Kapha Herbal Tea:

Ingredients:

Green Tea – Camellia Sinensis – 40%
Cinnamon – Cinnamomum verum – 10%
Cloves – Syzygium aromaticum – 5%
Ginger – Zingiber officinale – 10%
Black Pepper – Piper nigrum – 15%
Fennel – Foeniculum vulgare – 20%

Spicy and revitalizing herbs like cinnamon and cloves blended with green tea and Black Pepper give you the boost to stay bright and with full of zest all day long! Black pepper is a digestive and nervine tonic. Good remedy for digestive disorders it has a stimulating effect on the digestive organs and a relieving one in flatulence. Useful in treating cough due to throat irritation, it also relieves gums inflammation.

4. Anti – Stress Tea:

Ingredients:

Black Tea – Camellia Sinensis – 25%
Cinnamon – Cinnamomum verum – 20%
Liquorice root – Glycyrrhiza glabra – 7%
Ginger root – Zingiber officinale – 5%
Fennel – Foeniculum vulgare – 10%
Lemon Peels – Citrus × limon – 8%
Green Cardamom – Elettaria – 5%
Black Cardamom – Amomum – 5%
Cardamom Grains – Elettaria – 5%
Lemon Grass – Cymbopogon – 10%

The rich and slightly sweet aroma makes this blend an ideal companion for anyone under pressure, looking for a revitalizing effect. This colorful and attractive creation is aromatic and soothing in taste and will quickly become a favorite. Liquorice is a laxative and expectorant, and an excellent remedy for relieving pain, discomfort and other symptoms caused by bitter matter in the stomach, or due to stomach ulcer. It is also useful in muscular pains.

5. Balance Tea:

Ingredients:

Black Tea – Camellia Sinensis – 10%
Green Cardamom – Elettaria – 5%
Black Cardamom – Amomum – 5%
Cardamom Grains – Elettaria – 10%
Liquorice – Glycyrrhiza glabra – 10%
Coriander – Coriandrum sativum – 20%
Fennel – Foeniculum vulgare – 5%
Ginger root – Zingiber officinale – 15%
Rose petals – Rosa glauca – 20%

Blended according to Ayurvedic teachings, this herbal tea soothes and balances. The quality, finely composed ingredients result in a taste experience which is both delicious and aromatic. Cardamom, “the queen of spice” contains volatile oils, which are useful to relieve flatulence and for strengthening digestion activities.

6. Fasting Tea:

Ingredients:

Black Tea – Camellia Sinensis – 10%
Green Tea – Camellia Sinensis – 10%
Green Mate – Aquifoliaceae – 5%
Lemon Grass – Cymbopogon – 7%
Rose petals – Rosa glauca – 8%
Ginger root – Zingiber officinale – 10%
Roman Chamomile - Anthemis nobilis – 5%
Green Cardamom – Elettaria – 5%
Black Cardamom – Amomum – 5%
Cardamom Grains – Elettaria – 10%
Black Pepper – Piper nigrum – 5%
Holy Basil (Tulsi) – Ocimum tenuiflorum – 20%

This Ayurvedic herbal blend can support you in times of moderation. It was harmoniously composed using Indian recipes. The intensive spicy-flowery smell and taste let all ingredients fully unfold. The Chamomile’s infusion is excellent for migraine and headache due to gastric disturbances. It will also regulate the menstrual periods. It makes an ideal general tonic for children.

7. Ginger Fresh Tea:

Ingredients:

Green Tea – Camellia Sinensis – 25%
Lemon Grass – Cymbopogon – 10%
Liquorice – Glycyrrhiza glabra – 5%
Ginger – Zingiber officinale – 20%
Peppermint – Mentha × piperita – 25%
Lemon Peels – Citrus × limon – 5%
Black Pepper – Piper nigrum – 10%

Fruity and spicy, refreshing blend of Indian Ayurvedic teachings and European wellness teas. Ginger is useful in the treatment of flatulence, colic, vomiting, spasms and other painful affections of the stomach. It is an excellent remedy for coughs and colds, respiratory disorders, impotency, menstrual disorders, aches and pains.

8. Men's Activity Tea:

Ingredients:

Black Tea – Camellia Sinensis – 15%
Cinnamon – Cinnamomum verum – 5%
Fennel – Foeniculum vulgare – 7%
Peppermint – Mentha × piperita – 5%
Green Cardamom – Elettaria – 5%
Black Cardamom – Amomum – 5%
Cardamom Grains – Elettaria – 5%
Liquorice – Glycyrrhiza glabra – 10%
Black Pepper – Piper nigrum – 10%
Cloves – Syzygium aromaticum – 5%
Cumin Seeds – Cuminum cyminum – 3%
Apple – Malus domestica – 5%
Coconut – Cocos nucifera – 7%
Nutmeg – Myristica – 10%
Rose petals – Rosa glauca – 7%

This Ayurvedic herbal blend is specially formulated for men. Traditions from the Ayurvedic teachings form the basis for this blend. The interesting spicy and tangy herbal taste with a bit of pungency makes men's weariness disappear. Peppermint is useful in treating insomnia, anxiety, gripes for the youngest. Because of its astringency it also removes nausea, flatulence, and is a great strengthener of the stomach.

9. Stimulating Tea:

Ingredients:

Green Tea – Camellia Sinensis – 10%
Ginger root – Zingiber officinale – 5%
Coriander – Coriandrum sativum – 10%
Green Cardamom – Elettaria – 5%
Black Cardamom – Amomum – 10%
Cardamom Grains – Elettaria – 10%
Cloves – Syzygium aromaticum – 10%
Nutmeg – Myristica – 20%
Curcuma – Curcuma albicomma – 15%
Saffron – Crocus sativus – 5%

This Ayurvedic herbal blend is specially formulated to stimulate and revive. Just looking at the ingredients makes you feel the strength and power in this blend. It is a very spicy, slightly tangy, aromatic revitalizer. The leaves of coriander are stimulant and tonic. They strengthen the stomach and promote its action, relieve flatulence, increase secretion and discharge of urine and reduce fever.

10. Women's Activity Tea:

Ingredients:

Black Tea – Camellia Sinensis - 60%
Lemon Peels – Citrus × limon - 3%
Cinnamon – Cinnamomum verum - 6%
Fennel – Foeniculum vulgare - 6%
Liquorice – Glycyrrhiza glabra - 6%
Green Cardamom – Elettaria - 1%
Black Cardamom – Amomum - 7%
Cardamom Grains – Elettaria - 3%
Ginger – Zingiber officinale - 2%
Cloves – Syzygium aromaticum - 4%
Lemon Grass – Cymbopogon - 2%

This Ayurvedic herbal blend is specially formulated for women. According to the old tradition, helpful on all days. Fine, spicy ginger and fennel plus sweet, fruity in the nose and on the taste buds vitalize and refresh. Saffron is beneficial in the treatment of several digestive disorders, it strengthen the functioning of the stomach and promotes its action. The herb is useful in promoting and regulating menstrual periods.

11. Yoga Tea:

Ingredients:

Black Tea – Camellia Sinensis – 30%
Cinnamon – Cinnamomum verum – 15%
Rose petals – Rosa glauca – 10%
Ginger – Zingiber officinale – 5%
Cloves – Syzygium aromaticum – 5%
Black Pepper – Piper nigrum – 5%
Green Cardamom – Elettaria – 10%
Black Cardamom – Amomum – 10%
Cardamom Grains – Elettaria – 10%

This classic herbal blend was invented in India centuries ago and has been a part of Indian culture ever since. The slightly spicy character along with an aromatic taste is both an inspiring and relaxing experience. Cinnamon stimulates digestion, relieve flatulence, check nausea, vomiting and diarrhea, increases secretion and discharge of urine. It is also useful headache and gives good mouth freshener.

12. Ayurvedic Evening Hour:

Ingredients:

Green Tea – Camellia Sinensis – 10%
Ginger – Zingiber officinale – 3%
Cinnamon – Cinnamomum verum – 5%
Apple – Malus domestica – 3%
Lemon Peels – Citrus × limon – 4%
Roman Chamomile Flowers – Anthemis nobilis – 3%
Green Cardamom – Elettaria – 5%
Black Cardamom – Amomum – 5%
Cardamom Grains – Elettaria – 5%
Almond – Prunus dulcis – 3%
Mint – Mentha – 7%
Coconut – Cocos nucifera – 10%
Bay Leaves – Cinnamomum tejpata – 5%
Cloves – Syzygium aromaticum – 2%
Cumin Seeds – Cuminum cyminum – 8%
Fennel – Foeniculum vulgare – 7%
Nutmeg – Myristica – 5%
Pepper – Piper nigrum – 5%
Coriander – Coriandrum sativum – 5%

Ayurvedic blends combine herbs, plants, fruits and spices. Cumin is a rich source of tymol, which is used as an antiseptic in many preparations. Cumin also increases the secretion and discharge of urine and relieves flatulence.

13. Ayurvedic Fresh:

Ingredients:

Black Tea – Camellia Sinensis – 20%
Lemon Grass – Cymbopogon – 5%
Cloves – Syzygium aromaticum – 10%
Peppermint – Mentha × piperita – 7%
Green Cardamom – Elettaria – 8%
Ginger – Zingiber officinale – 5%
Liquorice root – Glycyrrhiza glabra – 5%
Cinnamon – Cinnamomum verum – 10%
Rose petals – Rosa glauca – 7%
Fennel – Foeniculum vulgare – 3%
Pepper – Piper nigrum – 5%
Curcuma – Curcuma albicoma – 15%

Ayurvedic blends combine herbs, plants, fruits and spices. Liquorice is a laxative and expectorant, and an excellent remedy for relieving pain, discomfort and other symptoms caused by bitter matter in the stomach, or due to stomach ulcer. It is also useful in muscular pains.

14. Ayurvedic Morning Hour:

Ingredients:

Green Tea – Camellia Sinensis – 20%
Ginger – Zingiber officinale – 5%
Curcuma – Curcuma albicoma – 10%
Black Pepper – Piper nigrum – 5%
Holy Basil (Tulsi) – Ocimum tenuiflorum – 20%
Almond – Prunus dulcis – 10%
Nutmeg – Myristica – 5%
Liquorice root – Glycyrrhiza glabra – 15%

Ayurvedic blends combine herbs, plants, fruits and spices. Tulsi (Holy Basil) is nerve tonic and sharpen memory. This herb is also useful for the treatment of respiratory system disorders. The decoction of the leaves with honey and ginger is an effective remedy for bronchitis, asthma, influenza, cough and cold.

15. Ayurvedic Healthy Day Tea:

Ingredients:

Black Tea – Camellia Sinensis – 25%
Rooibos - Aspalathus linearis – 15%
Coconut – Cocos nucifera – 5%
Ginger – Zingiber officinale – 10%
Cinnamon – Cinnamomum verum – 5%
Apple – Malus domestica – 15%
Green Cardamom – Elettaria – 5%
Almond – Prunus dulcis – 20%

Ayurvedic blends combine herbs, plants, fruits and spices. Ginger is useful in the treatment of flatulence, colic, vomiting, spasms and other painful affections of the stomach. It is an excellent remedy for coughs and colds, respiratory disorders, impotency, menstrual disorders, aches and pains.

16. Ayurvedic Relaxing:

Ingredients:

Black Tea – Camellia Sinensis – 15%

Cinnamon – *Cinnamomum verum* – 10%
Ginger – *Zingiber officinale* – 5%
Licorice root – *Glycyrrhiza glabra* – 3%
Lemon Peels – *Citrus × limon* – 5%
Green Cardamom – *Elettaria* – 10%
Cloves – *Syzygium aromaticum* – 2%
Fennel – *Foeniculum vulgare* – 5%
Roman Chamomile Flowers – *Anthemis nobilis* – 10%
Small Leaf Lime Flowers – *Citrus × latifolia* – 5%
Black Pepper – *Piper nigrum* – 3%
Lemon Grass – *Cymbopogon* – 7%
Rose – *Rosa glauca* – 5%
Saffron – *Crocus sativus* – 5%
Mint – *Mentha* – 10%

Ayurvedic blends combine herbs, plants, fruits and spices. Licorice is a laxative and expectorant, and an excellent remedy for relieving pain, discomfort and other symptoms caused by bitter matter in the stomach, or due to stomach ulcer. It is also useful in muscular pains.